

## LESSON 5

### . . . REST FOR SOUL

## REST FOR THE SOUL (FOUR LAWS OF REST)

Father God has been showing different ones that some of the primary spirits troubling His children are spirits of **discontent** and **impatience**.

Discontent and impatience are the seed form of **mal-content**. Mal-content is the first stage of **rebellion**. Rebellion, especially against the established order of God.

The spirits of discontent and impatience manifest themselves in one or more of the following **symptoms: boredom, restlessness, frustration, depression, irritability, anger** (especially anger against God), **resentment, bitterness**, being **unhappy, dissatisfied, thankless** with who you are, where you are, or what you have.

The door that makes one vulnerable to the spirits of discontent and impatience is **expectation**. When ones expectations are not realized, those expectations, if one is not careful, will allow the spirits of discontent and impatience to take over, revealing their presence in one or more of these symptoms.

*Expectations* in the soulish realm are nearly always unrealistic and gives place to the devil in ones life. While *expectations* in the realm of the spirit are not unrealistic, in that they are in harmony with God, they, too, give place to the devil, allowing the spirits of discontent and impatience to devil one, *IF that person is not RESTING IN GOD*.

Now the answer to keeping oneself from being vulnerable to the spirits of discontent and impatience is **not *ka seda seda*** (whatever will be, will be). God, our Father places *expectations* in our hearts and tells us to believe that we have them. Where there is no expectation, hopelessness and despair set in

**Jeremiah 29:11-12 For I know the thoughts that I think toward you, saith the LORD, thoughts of peace, and not of evil, to give you an expected end. Then shall ye call upon me, and ye shall go and pray unto me, and I will hearken unto you.**

**Mark 11:24, Therefore I say unto you, What things soever ye desire, when ye pray, believe that ye receive *them*, and ye shall have *them*.**

**Proverbs 29:18, Where *there is no vision* (*hope in the soul, anchor for the soul*), the people perish (*are loose, out ofhand, undisciplined*). . .**

**No**, the answer to discontent and impatience is not, *whatever will be, will be*, because this will bring on a state of **hopelessness**.

Once again, God gives His children expectations and hope and tells them to *believe* that they have them. Amen?

Therefore, the answer or cure for discontent and impatience is to **REST IN GOD**. Resting in God is to trust absolutely in God's absolute faithfulness to bring about the expectations which He gives.

At no time in the history of man has it been more important to ". . . labor . . . to enter into that rest," than right now. As the time of our Lord's return draws near, expectations increase, which then will make one even more vulnerable to these spirits of discontent and impatience.

Since the answer or cure for discontent and impatience is Resting in God, I would like to share with you four practical ways in which you may labor to enter into that rest.

## **FOUR LAWS OF REST**

These laws of rest are seen in Matthew 11:28-29.

**Matthew 11:28-29**, Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls.

### **THE FIRST LAW OF REST IS THE REST OF GOD'S COVERING AND OVERSIGHT**

Matthew 11:28 says:

**"Come unto me, all ye that labour and are heavy laden, and I will give you rest."**

First let us see from this passage that when we come unto Jesus, that we come under God's covering and oversight. Secondly, let us see that when we come under God's covering and oversight, we enter into and have the **Rest of God's Protection**.

Psalm 91:1-11

**He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty. 2 I will say of the LORD, *He is* my refuge and my fortress: my God; in him will I trust. 3 Surely he shall deliver thee from the snare of the fowler, *and* from the noisome pestilence. 4 He shall cover thee with his feathers, and under his wings shalt thou trust: his truth *shall be thy* shield and buckler. 5 Thou shalt not be afraid for the terror by night; *nor* for the arrow *that* flieth by day; 6 *Nor* for the pestilence *that* walketh in darkness; *nor* for the destruction *that* wasteth at noonday. 7 A thousand shall fall at thy side, and ten thousand at thy right hand; *but* it shall not come nigh thee. 8 Only with thine eyes shalt thou behold and see the reward of the wicked. 9 ¶ Because thou hast made the LORD, *which is* my refuge, *even* the most High, thy habitation; 10 There shall no evil befall**

**thee, neither shall any plague come nigh thy dwelling. 11 For he shall give his angels charge over thee, to keep thee in all thy ways.**

**Question:** When are we under God's covering and oversight and therefore resting in God's protection? When we are under and submitted to the oversight/bishopministry of the Lord Jesus Christ.

**1 Peter 2:25, For ye were as sheep going astray; but are now returned unto the Shepherd and Bishop of your souls.**

**James 4:7, Submit yourselves therefore to God. Resist the devil, and he will flee from you.**

**Another question:** When are we under and submitted to the oversight/bishop ministry of the Lord Jesus Christ? When we are a part of a local Church and in submission to the Pastor and Elders of that local Church. Jesus exercises His oversight/bishop ministry in the local Church, which is His Body through the Pastor and Elders of the local churches.

**Psalms 92:13 Those that be planted in the house of the LORD shall flourish in the courts of our God.**

**Acts 20:17,28, And from Miletus he sent to Ephesus, and called the elders of the church. 28 Take heed therefore unto yourselves, and to all the flock, over the which the Holy Ghost hath made you overseers, to feed the church of God, which he hath purchased with his own blood.**

**The need for this covering and oversight is seen in the picture of the church as a flock of sheep and believers as sheep.**

**Luke 12:32, Fear not, little flock; for it is your Father's good pleasure to give you the kingdom.**

**Isaiah 53:6, All we like sheep have gone astray; we have turned every one to his own way; and the LORD hath laid on him the iniquity of us all.**

**John 10:27, My sheep hear my voice, and I know them, and they follow me:**

**1 Peter 2:25, For ye were as sheep going astray; but are now returned unto the Shepherd and Bishop of your souls.**

Sheep are one of the most helpless and vulnerable of all the animals which God created. Unless sheep are watched over and cared for, they will scatter and become prey to the beasts of the field. Sheep must be led to food and water. Left to themselves, they would soon perish.

Like sheep, believers are helpless and vulnerable. If left to themselves, to do their own thing they would soon scatter from the fold and perish at the hands of the enemy.

**2 Corinthians 13:4, For though he was crucified through weakness, yet he liveth by the power of God. For we also are weak in him, but we shall live with him by the power of God toward you.**

**John 15:5, I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.**

Our Father God in His wisdom has established for the protection of those in the local flock, that is the local Church, the shepherd/oversight ministry. And, according to 1 Peter 2:25 this oversight/ bishop ministry is the ministry of Jesus who is the Shepherd and Bishop of your souls. Jesus desires to complete the good work which He began in you. Amen?

**1 Peter 2:25, For ye were as sheep going astray; but are now returned unto the Shepherd and Bishop of your souls.**

**Philippians 1:6, Being confident of this very thing, that he which hath begun a good work in you will perform *it* until the day of Jesus Christ:**

This oversight/bishop ministry of the Lord Jesus Christ is **bi-directional** (from with-in and from with-out), since the Spirit of Jesus is in the believer and the believer is in Jesus as part of His Body the local Church..

**Romans 8:9, . . . Now if any man have not the Spirit of Christ, he is none of his.**

**2 Corinthians 13:5 Examine your- selves, whether ye be in the faith; prove your own selves. Know ye not your own selves, how that Jesus Christ is in you, except ye be reprobates?**

**Galatians 4:5-6, To redeem them that were under the law, that we might receive the adoption of sons. 6 And because ye are sons, God hath sent forth the Spirit of his Son into your hearts, crying, Abba, Father.**

**Ephesians 5:30-32, For we are members of his body, of his flesh, and of his bones. 31 For this cause shall a man leave his father and mother, and shall be joined unto his wife, and they two shall be one flesh. 32 This is a great mystery: but I speak concerning Christ and the church.**

**Ephesians 1:22-23, And hath put all *things* under his feet, and gave him *to be the head over all things* to the church, 23 Which is his body, the fulness of him that filleth all in all.**

Let us now take a look at these two areas of the bishop ministry of the Lord Jesus Christ.

**FIRST, there is the BISHOP MINISTRY OF JESUS FROM WITH-IN BELIEVERS BY MEANS OF THE IN-DWELLING SPIRIT OF JESUS, ministering through the spirit of the believer giving them wisdom, grace and strength.**

**1 Corinthians 2:16, . . . But we have the mind of Christ.**

**Colossians 3:10, And have put on the new *man*, which is renewed in knowledge after the image of him that created him:**

**1 John 2:20,27, But ye have an unction from the Holy One, and ye know all things. 27 But the anointing which ye have received of him abideth in you, and ye need not that any man teach you: but as the same anointing teacheth you of all things, and is truth, and is no lie, and even as it hath taught you, ye shall abide in him.**

**2 Corinthians 12:, And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me.**

**Philippians 4:13, I can do all things through Christ which strengtheneth me.**

The Spirit of Jesus, through the regenerated spirit of the believer gives the believer wisdom, grace and strength to take oversight of his soul which does NOT WANT oversight, but rather desires to be independent of God.

Jesus in the believer, in this phase of His oversight ministry, is giving direction, restoring, and completing that work in the soul of the believer which he began. Amen! Thank you Jesus!!

**SECONDLY, there is the BISHOP MINISTRY OF JESUS FROM WITHOUT ( from outside of the believer's person) BY MEANS OF HIS BODY, THE CHURCH through the oversight/bishop ministry invested in the Elders of the local Church**

Through His Body, the local Church (the physical, visible manifestation of Jesus in the world) Jesus is carrying on His bishop/oversight ministry of believers, specifically, through those whom He has called, anointed and ordained as Elders and therefore, overseers of the local flock.

This oversight/bishop ministry of Jesus which is invested in the Elders of the local Church is necessary because the oversight/bishop ministry of Jesus through the believer's spirit is not yet complete.

**Ephesians 1:22-23, And hath put all *things* under his feet, and gave him *to be the head over all things* to the church, 23 Which is his body, the fulness of him that filleth all in all.**

**Acts 14:23, And when they had ordained them elders in every church, and had prayed with fasting, they commended them to the Lord on whom they believed.**

Speaking to the Elders at Ephesus Paul says in:

**Acts 20:28, Take heed therefore unto yourselves, and to all the flock, over which the Holy Ghost hath made you overseers, to feed the church of God, which he hath purchased with His own blood.**

Elders are the established order of authority and oversight in the local church - and the Word says,

**Hebrews 13:17 Obey them that have the rule over you, and submit yourselves: for they watch for your souls, as they that must give account, that they may do it with joy, and not with grief: for that is unprofitable for you."**

The OVERSIGHT/BISHOP MINISTRY OF JESUS THROUGH THE ELDERS OF THE LOCAL CHURCH is the ministry of the WORD for the saving of the souls of those under that ministry.

That is why the Apostle Paul in Hebrews 13:17 says "**Obey them that have the rule over you and submit your- selves: FOR THEY WATCH FOR YOUR SOULS.**"

There is not a single believer who of themselves can and will all the time make the right decisions, judgement, or do the right thing. Every believer needs help with the oversight of his soul. **The soul is not competent to rule, or oversee itself.**

**Jeremiah 10:23, O LORD, I know that the way of man is not in himself: it is not in man that walketh to direct his steps.**

God in His infinite wisdom, grace and mercy has established the *oversight/bishop* ministry of the Lord Jesus Christ within the local Church and through the Elders of the local Church because He loves Us and desires to bless us.

**3 John 2, Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth.**

God has chosen to bless those who obey Him, who will do whatsoever He tells them to do.

**Deuteronomy 28:1-2, And it shall come to pass, if thou shalt hearken diligently unto the voice of the LORD thy God, to observe *and* to do all his commandments which I command thee this day, that the LORD thy God will set thee on high above all nations of the earth: 2 And all these blessings shall come on thee, and overtake thee, if thou shalt hearken unto the voice of the LORD thy God.**

**Psalm 81:8-16, Hear, O my people, and I will testify unto thee: O Israel, if thou wilt hearken unto me; 9 There shall no strange god be in thee; neither shalt thou worship any strange god. 10 I *am* the LORD thy God, which**

brought thee out of the land of Egypt: open thy mouth wide, and I will fill it. 11 But my people would not hearken to my voice; and Israel would none of me. 12 So I gave them up unto their own hearts' lust: *and* they walked in their own counsels. 13 Oh that my people had hearkened unto me, *and* Israel had walked in my ways! 14 I should soon have subdued their enemies, and turned my hand against their adversaries. 15 The haters of the LORD should have submitted themselves unto him: but their time should have endured for ever. 16 He should have fed them also with the finest of the wheat: and with honey out of the rock should I have satisfied thee.

**NOTE:** Point of clarification - I am not saying that God only speaks to those whom He has placed in positions of authority in the Church and that the flock (members) must be completely and solely dependent on them for God's direction and therefore blindly follow them.

**Acts 17:11, These (*Berean believers*) were more noble than those in Thessalonica, in that they received the word with all readiness of mind, and searched the scriptures daily, whether those things were so.**

**1 John 2:27, But the anointing which ye have received of him abideth in you, and ye need not that any man teach you: but as the same anointing teacheth you of all things, and is truth, and is no lie, and even as it hath taught you, ye shall abide in him.**

Every born-again child of God has the ability and right to enter into the presence of God and receive from Him directly without a go-between.

God does not need someone to speak for Him.

The REASON believers need the oversight ministry of the church is because they do not always LISTEN TO GOD (hear him nor do they always do what He tells them to do. neither, nor are they always sure what God is saying).

Beloved of the Lord, if you are planted in a local Church and in submission to the Spirit of Jesus in you and in submission to the oversight/bishop ministry of Jesus in and through that local Church you have entered into the **REST OF GOD'S PROTECTION.**

## **THE SECOND LAW OF REST IS THE REST OF COMMITMENT.**

This Law of Rest is found in Matthew 11:29a.

**Matthew 11:29a, Jesus says "Take my yoke upon you . . ."**

"Take my yoke upon you . . ." **speaks of commitment.** The Lord Jesus Christ is calling out to those who are laboring and are laden down by the cares of this life; who are struggling under the burden of discontent and impatience to take upon

themselves the *yoke* to which He, Himself is committed and "*ye shall find rest unto your souls.*"

The *yoke* of the Lord Jesus Christ is seen in the following Scriptures.

**John 4:38, Jesus saith unto them, My meat is to do the will of him that sent me, and to finish his work.**

**John 5:19,30, Then answered Jesus and said unto them, Verily, verily, I say unto you, The Son can do nothing of himself, but what he seeth the Father do: for what things soever he doeth, these also doeth the Son likewise. 30 I can of mine own self do nothing: as I hear, I judge: and my judgment is just; because I seek not mine own will, but the will of the Father which hath sent me.**

**John 6:38, For I came down from heaven, not to do mine own will, but the will of him that sent me.**

**John 8:28-29, Then said Jesus unto them, When ye have lifted up the Son of man, then shall ye know that I am *he*, and *that* I do nothing of myself; but as my Father hath taught me, I speak these things. 29 And he that sent me is with me: the Father hath not left me alone; for I do always those things that please him.**

**Psalm 40:8, I delight to do thy will, O my God: yea, thy law *is* within my heart.**

The Lord Jesus Christ had *yoked* Himself to the Father. His *yoke* was a commitment to always do the will of the Father and to never follow the will/desires of His own heart. The will of the Father had absolute priority in the Life of Jesus.

In Luke 22:41-46 The Lord Jesus demonstrates what it means to be committed, and thereby gives an example for all to follow when commitments are put to the test.

**And he was withdrawn from them about a stone's cast, and kneeled down, and prayed, 42 Saying, Father, if thou be willing, remove this cup from me: nevertheless not my will, but thine, be done. 43 And there appeared an angel unto him from heaven, strengthening him. 44 And being in an agony he prayed more earnestly: and his sweat was as it were great drops of blood falling down to the ground. 45 And when he rose up from prayer, and was come to his disciples, he found them sleeping for sorrow, 46 And said unto them, Why sleep ye? rise and pray, lest ye enter into temptation.**

Jesus had made a commitment to always do the will of His Father.

**John 4:34, My meat is to do the will of Him that sent me ...**



Now, here in the Garden of Gethsemane we see Jesus' commitment, to always do the will of the Father, being tested. Notice the struggle going on in the soul of Jesus, Luke 22:44,

**And being in an agony he prayed more earnestly: and his sweat was as it were great drops of blood falling down to the ground.**

- in agony, sweat as blood

**Hebrews 5:7, "Who in the days of His flesh, when he had offered up prayers and supplications with strong crying and tears unto him that was able to save him from death, and was heard in that He feared;**

- Strong crying and tears

Jesus did not want to die the accursed death which was before him. At this point if He would have had His way, His mission would have been aborted.

BUT praise God, Jesus had made a commitment to do His Father's will regardless of personal cost. Therefore, He says, **"Not my will, but thine be done."** The issue was settled.

Jesus had totally entrusted His welfare to the Father's absolute faithfulness.

Paul could say, Jesus endured the cross for the joy that was set before Him. (Hebrews 12:2)

Commitment and faithfulness to that commitment brings rest; it gives direction; it settles the issue, whatever the issue may be.

**"Not my will but thine be done . . ."**

When we make a commitment we are giving up, (denying self-will), the right/privilege of having our way in that relationship which is established by that commitment. We become a slave to the terms of that commitment.

Now, even as Jesus' commitment was to the Father, so our commitment is to the Father; a commitment to do the Father's will.

**Psalms 37:5, Commit thy way unto the LORD trust also in him; and he shall bring it to pass.**

**Proverbs 16:a, Commit thy works unto the LORD, and thy thoughts shall be established.**

**Psalms 40:8, I delight to do thy will, O my God: yea, thy law is within my heart.**

YES, commitments , taking Jesus' yoke upon you brings rest to your soul. However, let us take careful note: **WE ARE NOT TO TAKE COMMITMENTS LIGHTLY.**

**Hebrew 10:38-39, Now the just shall live by faith: but if any man draw back, my soul shall have no pleasure in him. But we are not of them who draw back unto perdition; but of them that believe to the saving of the soul.**

**Luke 9:62, And Jesus said unto him, No man, having put his hand to the plough, and looking back, is fit for the kingdom of God.**

Does this, then, mean that we should not make commitments?

NO! Not to make commitments is to let the moment, circumstances or situation rule our lives producing what is called situation ethics. Which simply means there are no absolutes and thus the situation governs what we are to do.

However, we are to be careful and not make commitments which are not according to God's will.

Commitment and the determination to be faithful to that commitment regardless of personal cost will bring rest to your soul. May God give you the grace to make firm commitments according to His will and likewise, grace to be faithful to those commitments.

### **THE THIRD LAW OF REST IS THE REST OF KNOWING HIM.**

The third Law of Rest is in Matthew 11:29b, where Jesus says,  
". . . LEARN OF ME . . ."

When you come to "know Jesus" as to: Who He is, and What He does, this will bring ". . . Rest to your souls."

#### **WHO JESUS IS!!**

**Matthew 16:15-16, He saith unto them, But whom say ye that I am? 16 And Simon Peter answered and said, Thou art the Christ, the Son of the living God. 17 And Jesus answered and said unto him, Blessed art thou, Simon Barjona: for flesh and blood hath not revealed *it* unto thee, but my Father which is in heaven.**

**WHO IS JESUS?** The answer is found in Peter's response to Jesus' question, ". . . who say ye that I am?" "**Thou art the Christ, the Son of the Living God.**"

The first thing we see from Peter's response is that Jesus **IS THE CHRIST.**

By his statement, Thou art the Christ, Peter was affirming the fact that Jesus was the promised Messiah, the one whom God had promised would come and set His people free - the one who would make it possible, provide salvation and deliverance from the curse of sin brought upon mankind by the sin of Adam and Eve.

**Genesis 3:15, And I will put enmity between thee and the woman, and between thy seed and her seed; it shall bruise thy head, and thou shalt bruise his heel.**

The promise of the Messiah was repeated and clarified throughout the Old Testament.

**Isaiah 9:6, For unto us a child is born, unto us a son is given: and the government shall be upon his shoulder: and his name shall be called Wonderful, Counselor, The mighty God, The everlasting Father, The Prince of Peace.**

**Isaiah 53:3-12, He is despised and rejected of men; a man of sorrows, and acquainted with grief: and we hid as it were *our* faces from him; he was despised, and we esteemed him not. 4 Surely he hath borne our griefs, and carried our sorrows: yet we did esteem him stricken, smitten of God, and afflicted. 5 But he was wounded for our transgressions, *he was* bruised for our iniquities: the chastisement of our peace was upon him; and with his stripes we are healed. 6 All we like sheep have gone astray; we have turned every one to his own way; and the LORD hath laid on him the iniquity of us all. 7 He was oppressed, and he was afflicted, yet he opened not his mouth: he is brought as a lamb to the slaughter, and as a sheep before her shearers is dumb, so he openeth not his mouth. 8 He was taken from prison and from judgment: and who shall declare his generation? for he was cut off out of the land of the living: for the transgression of my people was he stricken. 9 And he made his grave with the wicked, and with the rich in his death; because he had done no violence, neither *was any* deceit in his mouth. 10 Yet it pleased the LORD to bruise him; he hath put *him* to grief: when thou shalt make his soul an offering for sin, he shall see *his* seed, he shall prolong *his* days, and the pleasure of the LORD shall prosper in his hand. 11 He shall see of the travail of his soul, *and* shall be satisfied: by his knowledge shall my righteous servant justify many; for he shall bear their iniquities. 12 Therefore will I divide him *a portion* with the great, and he shall divide the spoil with the strong; because he hath poured out his soul unto death: and he was numbered with the transgressors; and he bare the sin of many, and made intercession for the transgressors.**

Romans, Chapter 5 clearly identifies Jesus as the Messiah, the suffering servant, who through His death on Calvary's Cross brings salvation and eternal life.

**Romans 5:1-21, Therefore being justified by faith, we have peace with God through our Lord Jesus Christ: 2 By whom also we have access by faith into this grace wherein we stand, and rejoice in hope of the glory of God. 3 And not only so, but we glory in tribulations also: knowing that tribulation worketh patience; 4 And patience, experience; and experience, hope: 5 And hope maketh not ashamed; because the love of God is shed abroad in our hearts by the Holy Ghost which is given unto us. 6 ¶ For when we were yet without strength, in due time Christ died for the ungodly. 7 For scarcely for**

a righteous man will one die: yet peradventure for a good man some would even dare to die. 8 But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us. 9 Much more then, being now justified by his blood, we shall be saved from wrath through him. 10 For if, when we were enemies, we were reconciled to God by the death of his Son, much more, being reconciled, we shall be saved by his life. 11 And not only so, but we also joy in God through our Lord Jesus Christ, by whom we have now received the atonement. 12 Wherefore, as by one man sin entered into the world, and death by sin; and so death passed upon all men, for that all have sinned: 13 (For until the law sin was in the world: but sin is not imputed when there is no law. 14 Nevertheless death reigned from Adam to Moses, even over them that had not sinned after the similitude of Adam's transgression, who is the figure of him that was to come. 15 But not as the offence, so also *is* the free gift. For if through the offence of one many be dead, much more the grace of God, and the gift by grace, *which is* by one man, Jesus Christ, hath abounded unto many. 16 And not as *it was* by one that sinned, so *is* the gift: for the judgment was by one to condemnation, but the free gift *is* of many offences unto justification. 17 For if by one man's offence death reigned by one; much more they which receive abundance of grace and of the gift of righteousness shall reign in life by one, Jesus Christ.) 18 Therefore as by the offence of one *judgment came* upon all men to condemnation; even so by the righteousness of one *the free gift came* upon all men unto justification of life. 19 For as by one man's disobedience many were made sinners, so by the obedience of one shall many be made righteous. 20 Moreover the law entered, that the offence might abound. But where sin abounded, grace did much more abound: 21 That as sin hath reigned unto death, even so might grace reign through righteousness unto eternal life by Jesus Christ our Lord.

The second part of Peter's answer to Jesus' question, ". . . whom do you say that I am?", identifies the Christ, the Messiah as , "**. . . the Son of the Living God.**"

Jesus is not only the Christ, but He is the Son of the Living God. Not A son, But **THE SON** of the Living God (Emmanuel, God with us), Who, Himself is God.

**John 1:1, In the beginning was the Word, and the Word was with God, and the Word was God.**

**Hebrews 1:8, But unto the Son *he saith*, Thy throne, O God, *is* for ever and ever: a sceptre of righteousness *is* the sceptre of thy kingdom.**

Jesus says, "Learn of me, for I am meek and lowly in heart: and ye shall **FIND REST UNTO YOUR SOUL.**"

**WHAT JESUS DOES!!**

What Jesus does is seen in the **Seven Covenants of Calvary** and find their expression in the **Compound Names of Jehovah** in the Old Testament.

According to Isaiah, chapter 12, What Jesus Does are wells of salvation which we, with joy, are to drink.

**(1) The first Covenant of Calvary is Justification.** On the cross of Calvary, all of our sins were imputed, placed on Jesus. He who had no sin became a sinner in Our place, receiving in His body and soul the punishment and condemnation of God against the sinner. Now, when we, through faith, receive Jesus as Savior, God declares us to be innocent of all charges brought against us and then He imputes to us Jesus' Righteousness. We then, who were sinners, are now righteous, having the righteousness of Christ. We are justified, found to be righteous.

The compound name of God which expresses this wonderful truth is **Jehovah-Tsidkenu - The Lord our Righteousness** (Jeremiah 23:6).

**Jeremiah 23:6, In his days Judah shall be saved, and Israel shall dwell safely: and this *is* his name whereby he shall be called, THE LORD OUR RIGHTEOUSNESS.**

**Psalms 103a, Who forgiveth all thine iniquities;**

**Acts 13:39, And by him all that believe are justified from all things, from which ye could not be justified by the law of Moses.**

**Romans 8:1-5, *There is* therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit. 2 For the law of the Spirit of life in Christ Jesus hath made me free from the law of sin and death. 3 For what the law could not do, in that it was weak through the flesh, God sending his own Son in the likeness of sinful flesh, and for sin, condemned sin in the flesh: 4 That the righteousness of the law might be fulfilled in us, who walk not after the flesh, but after the Spirit. 5 For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit.**

**(2) The Second Calvary Covenant is that of Sanctification.** This Covenant says that on Calvary, we through faith in the Lord Jesus Christ as our Savior were perfected once and for all time. This truth finds its expression in God's name as **Jehovah-M'Kaddesh, "The Lord Our Sanctifier."** (Leviticus 20:8)

**Leviticus 20:8, And ye shall keep my statutes, and do them: I *am* the LORD which sanctify you.**

**Psalms 103:3a, Who forgiveth all thine iniquities;**

**Hebrews 10:10, By the which will we are sanctified through the offering of the body of Jesus Christ once for all. Hebrews 10 (AV)**

**Romans 8:6-10, For to be carnally minded is death; but to be spiritually minded is life and peace. 7 Because the carnal mind is enmity against God: for it is not subject to the law of God, neither indeed can be. 8 So then they that are in the flesh cannot please God. 9 But ye are not in the flesh, but in the Spirit, if so be that the Spirit of God dwell in you. Now if any man have not the Spirit of Christ, he is none of his. 10 ¶ And if Christ be in you, the body is dead because of sin; but the Spirit is life because of righteousness.**

That work of sanctification which God in Christ began in you through your spiritual re-birth is expressed in the Calvary Covenants 3-6.

**(3) The Third Calvary Covenant is that of Divine Healing.** This Covenant of Calvary finds its expression in Jesus as **Jehovah-Rapha, The Lord our Healer.**(Exodus 15:26)

**Exodus 15:26, And said, If thou wilt diligently hearken to the voice of the LORD thy God, and wilt do that which is right in his sight, and wilt give ear to his commandments, and keep all his statutes, I will put none of these diseases upon thee, which I have brought upon the Egyptians: for I *am* the LORD that healeth thee.**

**Isaiah 53:5, But he was wounded for our transgressions, *he* was bruised for our iniquities: the chastisement of our peace was upon him; and with his stripes we are healed.**

**Psalm 103:3a, who healeth all thy diseases;**

**Romans 8:11-12, But if the Spirit of him that raised up Jesus from the dead dwell in you, he that raised up Christ from the dead shall also quicken your mortal bodies by his Spirit that dwelleth in you. 12 Therefore, brethren, we are debtors, not to the flesh, to live after the flesh.**

**Matthew 8:17, That it might be fulfilled which was spoken by Esaias the prophet, saying, Himself took our infirmities, and bare *our* sicknesses. 1 Peter 2:24, Who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed.**

**(4) The Fourth Covenant of Calvary is that of Divine Health and Prosperity.** This Calvary Covenant finds its expression in Jesus as our **Jehovah-Jireh, our Provider.** (Genesis 22:15) This covenant says that as we prosper (grow) in our soul, that we also will prosper in health and finances (3 John 2). He, Jesus, is our source and provider.

**Genesis 22:14, And Abraham called the name of that place Jehovah-Jireh: as it is said [to] this day, In the mount of the LORD it shall be seen.**

**Psalm 103:4, Who redeemeth thy life from destruction; who crowneth thee with lovingkindness and tender mercies;**

**Romans 8:13-15, For if ye live after the flesh, ye shall die: but if ye through the Spirit do mortify the deeds of the body, ye shall live. 14 For as many as are led by the Spirit of God, they are the sons of God. 15 For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father.**

**3 John 2, Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth.**

**Proverbs 3:7-8, Be not wise in thine own eyes: fear the Lord, and depart from evil. 8 It shall be health to thy navel, and marrow to thy bones.**

**Proverbs 4:20-22, My son, attend to my words; incline thine ear unto my sayings. 21 Let them not depart from thine eyes; keep them in the midst of thine heart. 22 For they are life unto those that find them, and health to all their flesh.**

**Philippians 4:19, But my God shall supply all your need according to his riches in glory by Christ Jesus.**

**(5) The Fifth Covenant of Calvary is a Covenant of Rest and Peace.** In the midst of trouble, turmoil or whatever, we can rest in the completed work of Calvary because Jesus has reconciled us to God - peace with God through our Lord Jesus Christ. God's wrath, and anger has been turned away by the blood of the cross. We see this truth expressed as we learn to know Jesus as **Jehovah-Rohi and Jehovah-Shalom - the Lord is our Shepherd; the Lord, is our Peace.** (Psalm 23:1; Judges 6:23-24)

**Psalm 23:1, The LORD is my shepherd; I shall not want.**

**Judges 6:23-24, And the LORD said unto him, Peace be unto thee; fear not: thou shalt not die. 24 Then Gideon built an altar there unto the LORD, and called it Jehovah-shalom: unto this day it is yet in Ophrah of the Abiezrites. Ephesians 2:14, For he is our peace, who hath made both one, and hath broken down the middle wall of partition *between us*;**

**Romans 5:1, Therefore being justified by faith, we have peace with God through our Lord Jesus Christ:**

**Luke 8:24, And they came to him, and awoke him, saying, Master, master, we perish. Then he arose, and rebuked the wind and the raging of the water: and they ceased, and there was a calm.**

**Zechariah 9:11, As for thee also, by the blood of thy covenant I have sent forth thy prisoners out of the pit wherein *is* no water.**

**Romans 8:16-18, The Spirit itself beareth witness with our spirit, that we are the children of God: 17 ¶ And if children, then heirs; heirs of God, and joint-heirs with Christ; if so be that we suffer with *him*, that we may be also glorified together. 18 For I reckon that the sufferings of this present time *are not worthy to be compared* with the glory which shall be revealed in us.**

**(6) The Six Covenant of Calvary is a Covenant of Resurrection Life.** The fulfillment/expression of this Covenant is seen in Jesus as **Jehovah-Nissi, The Lord our Victory Banner**. (Exodus 17:15-16). As we look to the Cross, keeping our eyes on the Cross, we are fighting our enemies from the place of victory, for Resurrection Life flows into and out of us from the Cross.

**Exodus 17:15-16, And Moses built an altar, and called the name of it Jehovah-Nissi: 16 For he said, Because the LORD hath sworn *that* the LORD *will have war* with Amalek from generation to generation.**

**Revelation 12:11, And they overcame him by the blood of the Lamb, and by the word of their testimony; and they loved not their lives unto the death.**

**Hebrews 13:20, Now the God of peace, that brought again from the dead our Lord Jesus, that great shepherd of the sheep, through the blood of the everlasting covenant,**

**2 Corinthians 1:9, But we had the sentence of death in ourselves, that we should not trust in ourselves, but God which raiseth the dead:**

**Psalms 103:5, Who satisfieth thy mouth with good *things*; so *that* thy youth is renewed like the eagle's in**

**Romans 8:19-25, For the earnest expectation of the creature waiteth for the manifestation of the sons of God. 20 For the creature was made subject to vanity, not willingly, but by reason of him who hath subjected *the same* in hope, 21 Because the creature itself also shall be delivered from the bondage of corruption into the glorious liberty of the children of God. 22 For we know that the whole creation groaneth and travaileth in pain together until now. 23 And not only *they*, but ourselves also, which have the firstfruits of the Spirit, even we ourselves groan within ourselves, waiting for the adoption, *to wit*, the redemption of our body. 24 For we are saved by hope: but hope that is seen is not hope: for what a man seeth, why doth he yet hope for? 25 But if we hope for that we see not, *then* do we with patience wait for *it*.**

**Note:** In all these Covenants we see them accomplished already. We do not need to pray for them. We need to receive them by faith, confess them as truth



and walk in the their reality.

**(7) The Seventh Covenant of Calvary is the Covenant of Glorification.** This Covenant finds its expression in the compound name of Jesus as **Jehovah-Shammah, "The Lord is There."** (Ezekiel 48:35) The Lord is there, wherever you are because when you were born-again, He, God, entered the Tabernacle of your body with all His Glory, even as He did in the wilderness Tabernacle.

**Ezekiel 48:35, It was round about eighteen thousand measures: and the name of the city from that day shall be, The LORD is there.**

**1 Peter 4:14, If ye be reproached for the name of Christ, happy are ye; for the spirit of glory and of God resteth upon you: on their part he is evil spoken of, but on your part he is glorified.**

**Exodus 40:34, Then a cloud covered the tent of the congregation, and the glory of the LORD filled the tabernacle.**

**Psalms 103:6, The LORD executeth righteousness and judgment for all that are oppressed.**

**Romans 8:26-30, Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered. 27 And he that searcheth the hearts knoweth what is the mind of the Spirit, because he maketh intercession for the saints according to the will of God. 28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose. 29 For whom he did foreknow, he also did predestinate to be conformed to the image of his Son, that he might be the firstborn among many brethren. 30 Moreover whom he did predestinate, them he also called: and whom he called, them he also justified: and whom he justified, them he also glorified.**

Jesus says, "Learn of Me, for I am meek and lowly in heart and ye shall find Rest unto your Souls."

### **THE FOURTH LAW OF REST IS THE REST OF GOD'S PRESENCE.**

**Matthew 11:29c, ". . . ye shall find rest unto your souls."**

**The Fourth Law of Rest is seeking after Jesus with the sure, positive hope and expectation of finding Him.** This seeking brings rest for we will find Him. This is the **Rest of His Presence.** When our soul becomes depressed as we deny it the privilege of indulgence and control (I assure you that your soul will become depressed when you begin to say, "No," to it) we need to seek the

Presence of God, for as we seek His presence, we are lifted up into His presence and we find rest and joy for our soul.

What is the sure and unfailing way of seeking, finding and enjoying God's presence?

Praising God, Thanking God and Repentance

**Psalms 22:3, But thou *art* holy, *O thou* that inhabitest the praises of Israel..**

**Psalms 135:3, Praise the LORD; for the LORD *is* good: sing praises unto his name; for *it is* pleasant.**

**Psalms 100:4 Enter into his gates with thanksgiving, *and* into his courts with praise: be thankful unto him, *and* bless his name.**

**Ephesians 5:20, Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ;**

**1 Thessalonians 5:18, In every thing give thanks: for this is the will of God in Christ Jesus concerning you.**

**Acts 3:19, Repent ye therefore, and be converted, that your sins may be blotted out, when the times of refreshing shall come from the presence of the Lord;**

**Seek the Presence of God and you will find REST FOR YOUR SOUL THE REST OF HIS PRESENCE ENJOYED.**